

Founded 1878

Cycling UK

Burnley & Pendle CTC

<http://www.burnleyandpendlectc.co.uk>

Secretary: John Ramsden, Tel (01282) 712185

E-mail: john.ramsden@burnleyandpendlectc.co.uk

RIDES : July - September 2024



working for cycling

Date	Destination	Lunch	Meet	Time
July				
3-Jul Mid	Malham Tarn	Malham	ESSE	10:00
7-Jul S	Beacon Fell	Chipping	Whalley Bus Station	10:00
M	Barbondale	Dent	Gisburn	08:30
10-Jul Mid	Kilnsey Cragg	Kilnsey	ESSE	09:30
13-Jul OffRoad	Wycoller	Picnic	Holme Chapel	09:30
14-Jul S	Scaleber Force	Settle	ESSE	10:00
L	Fleet Moss	Hawes	ESSE	08:30
17-Jul Mid	Thwaite Lane	Clapham	Gisburn	09:30
21-Jul S	Strid wood	Bolton Bridge	ESSE	09:00
M	Hollingworth Lake	Hollingworth Lake	Holme Chapel	09:30
24-Jul Mid	Bilsborrow	Roots	Whalley Bus Station	09:30
28-Jul S	Glasson Dock	Glasson Dock	Longridge **	09:30
L	Glasson Dock	Glasson Dock	Whalley Bus Station **	09:00
31-Jul Mid	Whitendale	Dunsop Bridge	Whalley Bus Station	10:00
August				
4-Aug S	Otterburn	Airton	ESSE	10:00
M	Tatham Fell	High Bentham	Gisburn	09:15
7-Aug Mid	Skull Road	Burnsall	ESSE	09:30
11-Aug S	Inskip	Roots	Whalley Bus Station	09:15
L	Kingsdale	Dent	Gisburn	08:30
14-Aug Mid	Elswick	Roots	Whalley Bus Station	09:30
17-Aug OffRoad	Pesistone Hill (near Haworth)	Picnic	Holme Chapel	09:30
18-Aug S	Hawkswick	Arncliffe	ESSE	09:30
M	Darnbrook	Arncliffe	ESSE ***	09:30
21-Aug Mid	Parlick Pike	Chipping	Whalley Bus Station	10:00
25-Aug S	Whitendale	Dunsop Bridge	Whalley Bus Station	09:30
L	100 in 8 Challenge ride		Whalley Bus Station	08:00
28-Augus Mid	Silverdale	Arnside	Kirkby Lonsdale *	10:00
September				
1-Sep S	Giggleswick	Settle	Gisburn	10:00
M	Grizedale	Scorton	Whalley Bus Station	09:30
4-Sep Mid	Inskip	Roots	Whalley Bus Station	09:30
8-Sep S	Whitendale	Dunsop Bridge	Gisburn	09:30
M	Norwood Bottom	Otley	Langroyd	09:00
11-Sep Mid	Crumack Dale	Clapham	Gisburn	09:30
15-Sep S	Knott End	Knott End	Longridge	09:30
M	Knott End	Knott End	Whalley Bus Station	09:00
18-Sep Mid	Silverdale Road	Little Stainforth	Gisburn	09:30
22-Sep S	Lytham Hall	Lytham	Broughton *	10:00
M	Trough of Bowland	Scorton	Whalley Bus Station	09:30
25-Sep Mid	Grass wood	Grassington	ESSE	09:30
29-Sep S	Cartford Bridge	Roots	Longridge	10:00
M	Cartford Bridge	Roots	Whalley Bus Station	09:15

* Car Assisted - Riders MUST advise in advance if they plan to attend.

** Presidents Ride

*** Joint with Blackburn & District CTC

In case of inclement weather please check social media or web site as we may decide to cancel the ride at short notice

5-9 Sept - Club weekend to Ashby De La Zouch - Contact Jim Duerden For Details

October - Club weekend to Holland - Contact Jim Duerden for Details

For ride meet points, please check the website at: <http://www.burnleyandpendlectc.co.uk/rides.html>

Riders wanting a shorter ride, or earlier finish are welcome to break from the group to return by themselves at any point, but we do ask that they inform a member of the group that they are doing so.

We are assessing the interest in off-road rides, using established tracks and trails. Currently these will be on an ad-hoc basis, probably on a Saturday. Anyone interested should contact Roger Taylor.

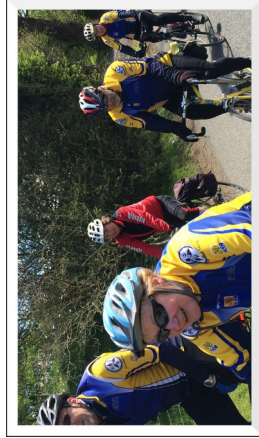
Contacts: John Ramsden 712185, Jim Duerden 453061, David Tinker 774828, Ian Lowcock 812842, New Rider Enquiries - Harry Taylor 07522 343181

Riders new to club riding are welcome on all our rides, the short ride on the first sunday of the month being especially suitable for newer riders. Contact Harry (07522 343181) or harrytaylor1950@hotmail.com



Who we are ...

...a non-competitive cycling club with rides of varying lengths and duration. We emphasise reasonable pace and sociability and our rides are always set to the pace of the slowest rider. Nobody will be left behind, and we take time out to look at the scenery and have café breaks. Our rides list is overleaf but if want more information, please feel free to contact us.



Our rides ...

Every Sunday we run easy paced rides on quiet lanes with a stop for lunch, either picnic, or café stop. Any roadworthy bike is OK for our rides (e-bikes welcome), but please bring a spare inner tube and a waterproof jacket. You'll experience social riding with a friendly group who can also advise on choice of appropriate cycles, equipment and clothing.

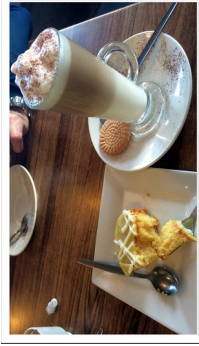
Regular Weekly Rides

Sunday Short Rides of approximately 40/45 miles
 Sunday Medium/Long Rides of 50 miles plus

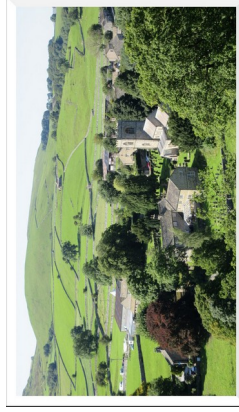
See the rides list on the reverse for full details.

We also arrange weekends away, and social activities throughout the year such as quiz nights, slide shows, bowling nights etc.

What do recent new members say ? ...



Pete says "When I started cycling I would do 6 miles on my own and would look like Ribena Man when I got back. I quit smoking and had put on a lot of weight so I decided to give club cycling a try. I joined about 15 months ago and now I regularly cycle 40 miles chatting to other riders. I'm in my 50's and discovered roads and routes I wouldn't find on my own, which are generally quiet and in lovely countryside. I also enjoy the café stops!"



Margaret says "The club is more about having a good time and enjoying the wonderful countryside rather than riding hard or being the fastest over sections. I always look forward to my Sundays. It's a great group of people. There's no need to worry about what to do if you get a mechanical issue, what clothing to wear (Lycra not compulsory!), or what kind of bike you have as long as it's roadworthy – just come along and give it a try."

