

Founded 1878

Cyclists' Touring Club

Burnley & Pendle CTC

<http://www.burnleyandpendlectc.co.uk>

Secretary: John Ramsden, Tel (01282) 712185

E-mail: john.ramsden@burnleyandpendlectc.co.uk

RIDES -- April - June 2022



working for cycling

Date	Destination	Lunch	Meet	Time
April				
3 Apr	XS/S Affetside	Burrs Country Park (Picnic)	Rawtenstall	09:30
	M Waterfoot Tunnels	Burrs Country Park (Picnic)	Rawtenstall	09:30
6 Apr	Mid Ingelwhite	Chipping	Spring wood	10:00
10 Apr	S Wharfe	Helwith Bridge	Gisburn	09:45
	M Bowland Knotts	Clapham	Gisburn	09:30
17 Apr	S Malham Cove	Malham	ESSE	09:30
	M Malham Tarn	Malham	Gisburn	09:30
20 Apr	Mid Thwate Lane	Clapham	Gisburn	09:30
24 Apr	S Little Bowland	Chipping	Spring wood	09:45
	M Trough of Bowland	Scorton	Spring wood	09:00
May				
1 May	XS/S 25 Mile challenge ride	Settle	Gisburn	10:00
	M Ribblehead	Ingleton	Gisburn	09:00
4 May	Mid Malham Cove	Malham	ESSE	09:30
8 May	S Sunderland Point	Heysham	Glasson Dock **	10:00
	L Sunderland Point	Heysham	Spring wood	08:00
15 May	S Calder Vale	Pick Nick	Spring wood	09:30
	M Nicky Nook	Scorton	Spring wood	09:30
18 May	Mid Arncliffe	Malham	ESSE	09:30
22 May	S Inskip	Roots	Spring wood	09:15
	M Applestore	Scorton	Spring wood	09:15
29 May	S Skull Road	Burnsall	ESSE	09:30
	M Washburn Vally	Otley	Langroyd	09:00
June				
5 Jun	XS/S St Helens Well	Cracoe	ESSE	10:00
	M Hubberholme	Buckden	ESSE	09:00
8 Jun	Mid Glasson Dock	Glasson Dock	Spring wood	08:45
12 Jun	S Knott End 50Mile Challenge	Knott End	Longridge	10:15
	M Knott End	Knott End	Spring wood	08:30
19 Jun	S York Cycle Rally	York	Wetherby **	09:30
	M Chapel Le Dale	Ingleton	Gisburn	09:00
22 Jun	Mid Inskip	Roots	Spring wood	09:30
26 Jun	S Malham Tarn	Malham	ESSE	09:30
	M Darnbrook	Malham	ESSE	09:45

(** - Car Assisted)

Please see reverse side for our current Covid-19 recommendations

In case of inclement weather please check social media or web site as we may decide to cancel the ride at short notice

Notes:- XS: Extra Short (beginners) ride. Mid: Midweek social ride (40-50 miles) . S: Short Ride (<50 miles) M: Medium Ride (50-60 miles), L: Long Ride (>60 miles)

For ride meet points, please check the website at: <http://www.burnleyandpendlectc.co.uk/rides.html>

Contacts: John Ramsden 712185, Jim Duerden 453061, David Tinker 774828, Ian Lowcock 812842, New Rider Enquiries - Harry Taylor 07522 343181

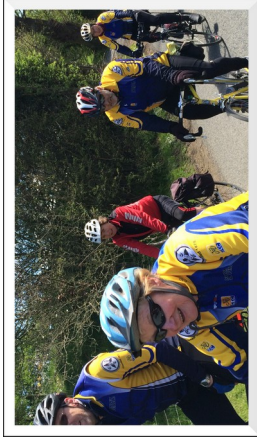
Annual General Meeting - Thursday 21st April , 7:30pm at the Peter Birtwistle Trust, Colne

Riders new to club riding are welcome on all our rides, Contact Harry (07522 343181) or harrytaylor1950@hotmail.com



Who we are ...

...a non-competitive cycling club with rides of varying lengths and duration. We emphasise reasonable pace and sociability and our rides are always set to the pace of the slowest rider. Nobody will be left behind, and we take time out to look at the scenery and have café breaks. Our rides list is overleaf but if want more information, please feel free to contact us.



Our rides ...

Every Sunday we run easy paced rides on quiet lanes with a stop for lunch, either picnic, or café stop. Any roadworthy bike is OK for our rides (e-bikes welcome), but please bring a spare inner tube and a waterproof jacket. You'll experience social riding with a friendly group who can also advise on choice of appropriate cycles, equipment and clothing.

Regular Weekly Rides

Sunday Short Rides of approximately 40/45 miles
 Sunday Medium/Long Rides of 50 miles plus

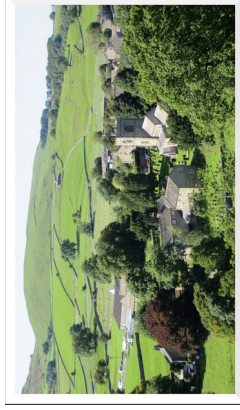
See the rides list on the reverse for full details.

We also arrange weekends away, and social activities throughout the year such as quiz nights, slide shows, bowling nights etc.

What do recent new members say ? ...



Pete says "When I started cycling I would do 6 miles on my own and would look like Ribena Man when I got back. I quit smoking and had put on a lot of weight so I decided to give club cycling a try. I joined about 15 months ago and now I regularly cycle 40 miles chatting to other riders. I'm in my 50's and discovered roads and routes I wouldn't find on my own, which are generally quiet and in lovely countryside. I also enjoy the café stops!"



Margaret says "The club is more about having a good time and enjoying the wonderful countryside rather than riding hard or being the fastest over sections. I always look forward to my Sundays. It's a great group of people. There's no need to worry about what to do if you get a mechanical issue, what clothing to wear (Lycra not compulsory!), or what kind of bike you have as long as it's roadworthy – just come along and give it a try."

