

Founded 1878

# Cyclists' Touring Club

## Burnley & Pendle CTC

<http://www.burnleyandpendlectc.co.uk>

Secretary: John Ramsden, Tel (01282) 712185

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RIDES -- October - December 2021

Date	Destination	Lunch	Meet	Time
<b>October</b>				
3 Oct 2021	XS Garden Makers	Garden Makers	Gisburn	10:00
	S Slaidburn	Tosside	Gisburn	10:00
6 Oct 2021	Mid Linton Church	Grassington	ESSE	10:00
10 Oct 2021	S Scaleber Force	Settle	ESSE	10:00
	M Burnsall	Bolton Abbey	ESSE	09:45
17 Oct 2021	S Little Bowland	Chipping	Springwood	10:00
	M Harris End Fell	Scorton	Springwood	09:45
20 Oct 2021	Mid Calder Vale	Cobble Hey	Spring Wood	10:00
24 Oct 2021	S Stainforth Foss	Little Stainforth	Gisburn	10:00
	M Austwick	Little Stainforth	Gisburn	10:00
31 Oct 2021	S Malham Cove	Malham	ESSE	10:00
	M Settle	Malham	ESSE	10:00
<b>November</b>				
7 Nov 2021	XS Hurst Green	Ribchester	Spring Wood	10:00
	S Birdy Brow	Longridge	Spring Wood	10:00
10 Nov 2021	Mid Wharfe	Clapham	Gisburn	10:00
14 Nov 2021	S Hunter Bark	Settle	Gisburn	10:00
	M Stocks Reservoir	Tosside	Gisburn	10:00
21 Nov 2021	S Hetton	Airton	ESSE	10:00
	M Longridge Fell	Little Town	Springwood	10:00
28 Nov 2021	S Ribble Valley	Bolton By Bowland	Springwood	10:00
	M Roots	Roots	Springwood	09:45
<b>December</b>				
5 Dec 2021	S Rome & Wham	Settle	Gisburn	10:00
12 Dec 2021	S Christmas Lunch	Rolls Royce	Rolls Royce SC	10:00
15 Dec 2021	Mid Downham	Chatburn	Spring Wood	10:00
19 Dec 2021	S Blake Dean	Hebden Bridge	Haggate Crossroads	10:00
26 Dec 2021	S Rathmell	Settle	ESSE	10:00

Please see reverse side for our current Covid-19 recommendations

In case of inclement weather please check social media or web site as we may decide to cancel the ride at short notice

Notes:- XS: Extra Short (beginners) ride. Mid: Midweek social ride (40-50 miles) . S: Short Ride (<50 miles) M: Medium Ride (50-60 miles), L: Long Ride (>60 miles)

For ride meet points, please check the website at: <http://www.burnleyandpendlectc.co.uk/rides.html>

Contacts: John Ramsden 712185, Jim Duerden 453061, David Tinker 774828, Ian Lowcock 812842, New Rider Enquiries - Harry Taylor 07522 343181

Extra Short Rides. Easy paced rides of approx 20 miles on quiet lanes. Any bike is OK as long as it's roadworthy. Bring spare innertube and waterproof jacket. Contact Harry (07522 343181) or [harrytaylor1950@hotmail.com](mailto:harrytaylor1950@hotmail.com)

Evening Social Rides. Meet Tuesday 6:30 pm opposite The White Bear Pub, Gisburn Road, Barrowford and finish at the Cross Gaits, Blacko. 15-20 miles on quiet lanes. All welcome. Contact [matt.hargreaves@burnleyandpendlectc.co.uk](mailto:matt.hargreaves@burnleyandpendlectc.co.uk).

Please report any problems with local roads to the Lancashire County Council hotline 0845 053 0011

Riders new to club riding are welcome on all our rides, although the Extra Short rides are especially suitable.



**COVID-19 RESTRICTIONS**

"All riders must be familiar with Cycling UK's COVID-19 policy: <https://www.cyclinguk.org/news/coronavirus-guidance-cycling-uk-groups> and be aware of the following:"

If you are new to our group, please contact Harry Taylor ([hattytaylor1950@hotmail.com](mailto:hattytaylor1950@hotmail.com), 07522 343181) before attending one of our rides to discuss the ride and confirm your attendance, as the number of participants on each ride may be limited.

New riders who are Cycling UK members should bring their membership card on their first ride. (non-members are also welcome for a 3 ride trial period).

We will require contact details for Track and Trace on the day of the ride.

As we don't currently know how our previous cafe stops will be operating, if at all, we are currently advising all riders to make their own arrangements for lunch. I.e. bring a packed lunch.

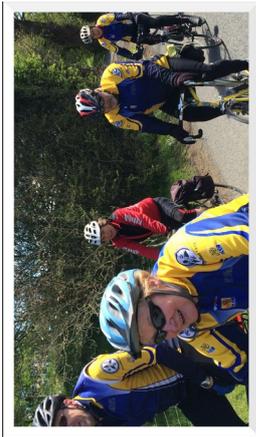
Please bring a face covering. You won't be required to wear it whilst riding, but situations may arise where one is necessary.

Please be self-sufficient with regards to tools and repairs. Social distancing means that if you have a mechanical issue / puncture etc, although we can offer advice, you must be prepared to carry out your own repairs.

Please do not attend any of our rides or activities if you have symptoms of Covid-19, or live in an area currently under extended local restrictions.

**Who we are ...**

...a non-competitive cycling club with rides of varying lengths and duration. We emphasise reasonable pace and sociability and our rides are always set to the pace of the slowest rider. Nobody will be left behind, and we take time out to look at the scenery and have café breaks. Our rides list is overleaf but if want more information, please feel free to contact us.



**Our rides ...**

**Monthly Beginners Rides of 10 to 20 miles** – Easy paced rides on quiet lanes for a couple of hours including a refreshment stop. Any roadworthy bike is OK for these rides, but please bring a spare inner tube and a waterproof jacket. You'll experience social riding with a friendly group who can also advise on choice of appropriate cycles, equipment and clothing.

**Regular Weekly Rides**

Tuesday Evening Social Rides of 15 to 20 miles  
 Sunday Short Rides of approximately 40/45 miles  
 Sunday Medium/Long Rides of 50 miles plus

See the rides list on the reverse for full details.

We also arrange weekends away, and social activities throughout the year such as quiz nights, slide shows, bowling nights etc.

**What do recent new members say ? ...**



Pete says "When I started cycling I would do 6 miles on my own and would look like Ribena Man when I got back. I quit smoking and had put on a lot of weight so I decided to give club cycling a try. I joined about 15 months ago and now I regularly cycle 40 miles chatting to other riders. I'm in my 50's and discovered roads and routes I wouldn't find on my own, which are generally quiet and in lovely countryside. I also enjoy the café stops!"



Margaret says "The club is more about having a good time and enjoying the wonderful countryside rather than riding hard or being the fastest over sections. I always look forward to my Sundays. It's a great group of people. There's no need to worry about what to do if you get a mechanical issue, what clothing to wear (Lycra not compulsory!), or what kind of bike you have as long as it's roadworthy – just come along and give it a try."

